



XXIII CONGRESO INTERNACIONAL LASRA 2026 URUGUAY

14-16 octubre

2026 Program

2026 >>



SOCIEDAD DE
ANESTESIOLOGÍA
DEL URUGUAY

CONFERENCES & WORKSHOPS:

- Regional Anesthesia
- PoCUS
- Pain Medicine
- Simulation Workshops
- Artificial Intelligence



URU
GUAY

SPECIAL PARTICIPATION



Baby Blocks
Never stop learning. Crawl, Walk, RUN —



REGISTRATION:

www.congresoanestesiologia.uy



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LASRA 2026
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Welcome words

Welcome to the XXIII LASRA International Congress, which will take place on October 14 to 16, 2026 in Montevideo, Uruguay.

On this occasion, the LASRA Congress will be held in conjunction with the Congress Uruguayan Institute of Anesthesiology, and will also have the special participation of the BabyBlocks team, offering an even broader academic experience, with greater opportunities to learn, exchange knowledge and strengthen networking.

We have a team of confirmed speakers, references Latin American and global people whom I have the privilege of knowing personally. I can assure you that, in addition to being references in their areas, They are warm and close people, always willing to share their experience and to respond to participants' concerns.

The congress will have a modern imprint, designed to adapt to all levels of experience, from those taking their first steps to the most experts. Our objective is to provide practical tools, applicable to everyday life, to through keynote conferences, workshops, simulation workshops and spaces for close exchange like coffee with experts.

We invite you to make the most of this academic and human experience, to connect with colleagues from different parts of the world and to enrich yourself with views, realities and different ways of doing things. Personally, this exchange of ideas and The links that are generated are, without a doubt, another very valuable aspect that leaves a international congress such as LASRA.

We are very happy to receive you in Uruguay, a country that will surprise you by the warmth of its people, the tranquility of its rhythm, added to beautiful landscapes to discover.

Our secretariat and courier are at your disposal for all queries.

We are waiting for you in Montevideo, October 2026!

See you soon!

Dr. Ignacio Cuevas Sambucetti

President of the XXIII International LASRA Congress



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ORGANIZING COMMITTEE:



Dr. Ignacio Cuevas
Presidente



Dra. Patricia Perillo
Coordinadora
General



Dr. Emiliano Landín
Coordinador
Academic

SCIENTIFIC COMMITTEE:



**Dr. Fernando
Altermatt**



**Dr. Juan Pablo
Bouchacourt**



**Dr. Alejandro
Corujo**



**Dra. Anahí
Perlas**



**Dra. Ana
Schwartzmann**

THEMATIC AXES COORDINATORS:



**Dra. Paola
Alcarraz**
PoCUS



Dra. Catalina Bellolio
Anesthesia Workshops
Regional



**Dra. Gabriela
Castro**
Obstetricia



**Dr. Pablo
Castroman**
Pain



Dra. Carolina
from Leon
Pediatrics



Dr. Gonzalo Irizaga
Regional Anesthesia



Dra. Marta Surbano
Pain



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International guests

The XXIV Uruguayan Congress of Anesthesiology and XXIII LASRA International Congress will have the participation of more than 38 international guests, references of excellence from Latin America, North America and Europe.

This edition will bring together high-level academic leaders, researchers and clinicians who will share their experience in regional anesthesia, pain management, advanced airway, hemodynamic monitoring, patient safety and technological innovation applied to anesthesiology practice.



**Dra. Gesely
Abrego**



Dr. Can Aksu



**Dr. Fernando
Altermatt**



**Dr. Walid
Alrayashi**



**Dr. Jorge
Miguel Arratia**



**Dra. Rous
Atton**



**Dra. Daniela
Bravo**



**Dr. Olympio
Chacon**



**Dr. Juan Carlos
De La Cuadra**



**Dra. Ana Lila
Garduño**



**Dra. María
Patricia Gonzalez**



**Dr. John
Hagen**



**Dra. Alejandra
Hernandez**



**Dra. Paola
Hernandez**



**Dra. Ana
Herrera**



**Dra. Deepa
Kattail**



**Dr. Hipólito
Labandeyra**



**Dr. Julio
Lapalma**



**Dra. Mariam
Latif**



**Dr. Oscar
Ledezma**



**Dra. Eva
Marquez Flores**



**Dra. Mabel
Paz**



**Dr. Philip
Peng**



**Dra. Carolina
Pérez-Pradilla**



**Dra. Anahi
Perlas**



**Dr. Guillermo
Pineda**



**Dr. Vinicius
Quintao**



**Dr. José
Ramon Saucillo**



**Dr. Andres
Rocha**



**Dr. Luis
Rodas**



**Dr. Tiago
Rossi**



**Dra. Ma.
Eugenia Seijas**



**Dr. Erick
Strange**



**Dra. Sídonia
Suazo**



**Dr. Mauricio
Vasco**



**Dra. María
Isabel Vasquez**





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How to get to the Headquarters



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SEDE DEL CONGRESO



Ruta 102

Acceso principal



**Aeropuerto Internacional
de Carrasco**

A pocos minutos de la sede



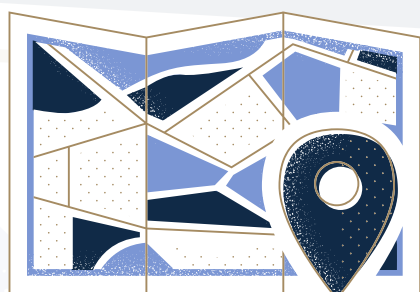
**AEROPUERTO
INTERNACIONAL
DE CARRASCO**



CARRASCO

RUTA 102

CHACRA
LACROSSE



HEADQUARTERS:

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Ruta 102,

kilometer 23,300,
Colonia Nicolich., Montevideo



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Wednesday 14 OCT





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Wednesday 14 OCT

SCHEDULE	LASRA SALON	LOUNGE ANEXO LASRA	CABALLERIZA 1	CABALLERIZA 2
08:00 - 08:30	ACCREDITATIONS			
08:30 - 13:00	REGIONAL			
08:30 - 09:00	OPENING			
09:00 - 09:30	Navigating between risk and safety: DOACs, antiaggregants and regional anesthesia. Dra. Anahí Perlas			
09:30 - 10:00	Myths and realities in assistance: What mezclas marcan really the diferencia? Dr. Fernando Altermatt			
10:00 - 10:30	Hombro Vs. Diafragma: Selective locks to preserve the phrenic function. Dr. Philip Peng			
10:30 - 11:00	 COFFEE BREAK			
11:00 - 11:30	 11:00 - 11:20 Expanding the Regional Anesthesia thoracic surgery and sternotomy. Dr. Sidonia Suazo	 Baby Blocks Never stop learning. Crawl, Walk, RUN – coffee with Baby Blocks: Learning in the dark, how to master what no one around you knows? Dr. Walid Alrayashi, Dra. Deepa Kattail, Dr. John Hagen		
11:30 - 12:00	 11:20 - 11:40 The enigma of fascias: evidencia real sobre su effectiveness and how to evaluate it. Dra. Daniela Bravo			



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SCHEDULE	LASRA SALON	LOUNGE ANEXO LASRA	CABALLERIZA 1	CABALLERIZA 2
08:30 - 13:00	REGIONAL			
12:00 - 12:30	11:40 - 12:00 Early mobility in hip surgery and knee: Blocks selective for a recovery funcional. Dr. Hipólito Labandeyra			
12:30 - 13:00	12:00 - 12:20 The future is outpatient: role of the blockages continuos domiciliarios. Dra. Rous Atton			
	12:20 - 12:40 Beyond technique aseptic: myths, realities and consensus for prevenir infecciones in anesthesia regional. Dr. Juan Carlos de la Cuadra			
	12:40 - 13:00 Interactive panel of questions			
13:00 - 14:30	LUNCH			



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SCHEDULE	LASRA SALON	LOUNGE ANEXO LASRA	CABALLERIZA 1	CABALLERIZA 2
14:30 - 18:30	OBSTETRICIA			
14:30 - 15:00	Standards and controversies in around analgesia epidural for him parto. Dra. Andrea Gastelu	Coffee with him Dr. Philip Peng	 14:00 - 17:00 Workshop Regional 4	 14:00 - 17:00 Baby Blocks PoCUS  Baby Blocks Never stop learning. Crawl, Walk, RUN —
15:00 - 15:30	Failure of the neruoaxial technique in obstetrics: Prevention, early diagnosis and rescate Dr. Mauricio Vasco	PENG lock and hip analgesia, practical keys with who described the technique.		
15:30 - 16:00	Ultrasound scan lumbar of the columna compleja: practical tips Dr. Anahí Perlas			
16:00 - 16:30	Interactive panel of questions			
16:30 - 17:00	 COFFEE BREAK			



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Wednesday 14 OCT

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14:30 - 18:30	OBSTETRICIA			
17:00 - 17:30	Gastric ultrasound in the obstetric patient. Particularities, usefulness and limitations. Dra. Anahí Perlas	Coffee with Dra. María Eugenia Seijas Lumbalgia sin resolver, We are olvidando the multifidus?		
17:30 - 18:00	Ultrasound-guided hemodynamic assessment in the critically ill pregnant patient. Dr. Pablo Santillán			
18:00 - 18:30	Intraoperative pain during cesarean section. Update on perioperative pain management. Dra. Leticia Duarte			
18:30 - 19:00	Interactive Q&A panel			
19:00	OPENING CEREMONY			



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Thursday 15 OCT





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Thursday 15 OCT

SCHEDULE	LASRA SALON	LOUNGE ANEXO LASRA	CABALLERIZA 1	CABALLERIZA 2
08:00 - 08:30	ACCREDITATIONS			
08:30 - 13:00	PAIN			
08:30 - 09:00	Locks interfascials for chronic pain lumbar. Dra. Maria Eugenia Seijas		Workshop PoCUS	 Baby Blocks Never stop learning. Crawl, Walk, RUN –
09:00 - 09:30	inflammation to reparar: prolotherapy with dextrose for pain musculoskeletal Dra. María Patricia Gonzalez	Coffee with Dr. Anahí Perlas		
09:30 - 10:00	Medicina Regenerative and Cell Therapy in chronic pain musculoskeletal Dr. Olympio Chacon	Ultrasonido gastric in pacientes tratados with GLP-1: cases clinical and taking of decisions		
10:00 - 10:30	Interactive panel of questions			
10:30 - 11:00	 COFFEE BREAK			
11:00 - 11:30	nerve ablation geniculate: of the chemistry to radiofrecuencia. Dr. Andrés Rocha			



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Thursday 15 OCT

SCHEDULE	LASRA SALON	LOUNGE ANEXO LASRA	CABALLERIZA 1	CABALLERIZA 2
11:30 - 12:00	Neurolysis of the hip: fundamentos, evidence, and clinical application. Dr. Eduardo Vega	Coffee with Dr. Alejandro Corujo		
12:00 - 12:30	Treatment with radio frequency in the chronic pain shoulder Dr. Philip Peng	Ultrasound lumbar spine in procedimientos regionales centrales: from the complex to the simple.		
12:30 - 13:00	Interactive panel of questions			





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Thursday 15 OCT

SCHEDULE	LASRA SALON	LOUNGE ANEXO LASRA	CABALLERIZA 1	CABALLERIZA 2
13:00 - 14:30	 LUNCH			
14:30 - 18:30	PoCUS			
14:30 - 15:00	Evolve to cuidar mejor: Where do we come from, where are we and where are we going with the PoCUS? Dr. Alejandro Corujo	Coffee with Dr. Alberto Sanchez How to apply modelos pharmacokinetics for sedation during the Regional Anesthesia.	 14:00 Workshop Regional 1	 14:00 Workshop Medicina of pain
15:00 - 15:30	Beyond the image: how the PoCUS redefines decision making in anesthesia. Dr. Tiago Rossi			
15:30 - 16:00	PoCUS in patients complejos. Clinical application case based reales. Dra. Anahí Perlas			
16:00 - 16:30	Cardiac PoCUS + AI: applied to the shot of decisions clinics. Dr. Oscar Ledezma			
16:30 - 17:00	 COFFEE BREAK			
17:00 - 17:30				
17:30 - 18:00				



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Friday 16 OCT





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Friday 16 OCT

SCHEDULE	LASRA SALON	LOUNGE ANEXO LASRA	CABALLERIZA 1	CABALLERIZA 2	CENTER SAU SIMULATION
08:00 - 08:30	ACCREDITATIONS				
08:30 - 13:00	PEDIATRICS				
08:30 - 09:00	Fascial blocks: mi experiencia in pediatrics. Dr. Julio Lapalma				
09:00 - 09:30	Start with a dream: peripheral catheters in pediatrics, hospital al hogar. Dr. Walid Alrayashi	Coffee with Dr. Juan Carlos de la Cuadra Fundamentos of ultrasound in regional anesthesia: strengthening the basic skills to perfect the technique			
09:30 - 10:00	Analgesia in surgery complex pediatric: Is there a better estrategia? Dra. Deepa Kattail				
10:00 - 10:30	Interactive panel of questions				
10:30 - 11:00	 COFFEE BREAK				
11:00 - 11:30	Searching for the precision: locks nervous with motor preservation in pediatric surgery. Dr. Can Aksu	Coffee with Dr. Olympe Chacon Medicina regenerativa in pain: how select and preparar al paciente to optimize resultados		Workshop Regional 2	Workshop Simulation in Anesthesia Regional Dra. Daniela Bravo Dra. Rous Atton Dr. William Baptista
11:30 - 12:00	Neurotoxicity in neonatal anesthesia and the neuroprotective role of Anesthesia Regional. Dr. Vinicius Quintão				
12:00 - 12:30	small patients, precise locks: stop keys impact on regional anesthesia pediatric. Dr. John Hagen				
12:30 - 13:00	Interactive panel of questions				
13:00 - 14:30	 LUNCH				



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Friday 16 OCT

SCHEDULE	LASRA SALON	LOUNGE ANEXO LASRA	CABALLERIZA 1	CABALLERIZA 2	CONGRESS HALL URUGUAYAN OF ANESTHESIOLOGY
14:00 - 16:30	REGIONAL - LIVE Demonstration				
14:00 - 16:30	14:00 - 14:20 Blocks for breast surgery. Dra. María Patricia González	🕒 [14:00 - 15:00] Coffee with: Dr. Pablo Castromán Dra. Marta Surbano Dra. María José Otero Ozone injections and viscosupplementation in musculoskeletal pain	🕒 14:00 Workshop Obstetricia	🕒 14:00 Workshop Regional 3	
	14:20 - 14:40 Blocks for clavicle fracture. Dr. Hipólito Labandeyra				
	14:40 - 15:00 Usefulness of the Quadratus Lumborum Block. Dr. Juan Carlos De la Cuadra				🕒 14:30 - 15:30 Presentation of Posters LASRA
	15:00 - 15:20 Diaphragm-sparing blocks. Dra. Daniela Bravo				
	15:20 - 15:40 Knee function-sparing blocks. Dr. Juan Carlos De la Cuadra				
	15:40 - 16:00 Hip function-sparing blocks. Dra. Rous Atton				
	16:00 - 16:30 Interactive Q&A panel				
16:30 - 17:00	☕ COFFEE BREAK				
17:00	ACT OF CLOSING ENTREGA OF AWARDS				



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See you soon!

Thank you





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For more information

 @lasrauruguay

 inscripciones@congresoanestesiologia.uy

 www.congresoanestesiologia.uy



■ Center of
SAU simulation

 Av.
Bolivia 2000



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